



EarlyON | St. Francis September 2018

Drop in - Stay, Play and Explore with us!

EarlyON | St. Francis is operated by Our Place Family Resource and Early Years Centre

We are located at 154 Gatewood Road, Kitchener; Section B – Enter off Blueridge Ave. (from Queen Str.)

We can be reached by calling 519-571-1626 or by email ourplace@ourplacekw.ca

EarlyON Child and Family Centres offer free, drop-in programs for children, parents and caregivers in a friendly environment that fosters children’s learning and development, provides support to parents and caregivers, and connects families to community services. Our drop in learning environment is available anytime our centre is open. We provide a variety of developmentally appropriate fun, and interactive learning opportunities for you and your child to explore together. Build connections with others while exploring play based learning with your child and other families. Have a question? Looking for a resource? Ask one of our EarlyON facilitators for support, information or resources.

Come visit us today!!

Calendar revised Sept. 19

← DROP IN ANYTIME →

Drop In – Stay, Play and Explore for Children, Parents and other caring adults

| Monday 9:00 – 4:00 pm | Tuesday 9:00 – 4:00 pm | Wednesday 9:00 – 7:00 pm | Thursday 9:00 – 4:00 pm | Friday 9:00 – 3:00 pm | Saturday 9:30 – 12:00 pm |
|--------------------------------------|-------------------------------------|---|---|---|--|
| Drop In - SPE 9 am – 4 pm | Drop In - SPE 9am – 4 pm | Drop In - SPE 9 am – 7 pm | Drop In - SPE 9 am – 4 pm | Drop In - SPE 9 am – 3 pm | Drop In - SPE 9:30am-12:00pm |
| Music & Movement 11:30 – 12:00pm | Exploring Art 9:00 – 11:30am | Drop in Sensory Play 9:00am – 7:00pm | Music & Movement 11:30 – 12:00pm *not Sept. 6 th | Apprendre ensemble! 9:00 – 11:30 am *Starts Sept. 28* | Dads & Kids Play 9:30 – 11:00am Sept. 8 th only |
| Baby & Me Discovery 1:00 – 2:30pm | Music & Movement 11:30 – 12:00pm | One is Fun 9:00 – 11:30am And 5:00 – 7:00pm | Intergenerational Storytime 11:30 -12:00pm Sept. 6 th only | Baby and Me 10:45 – 11:45am | Parent Chat 9:30 – 11:30am Sept. 15 & 29 only |
| | | Music & Movement 11:30 – 12:00pm 6:30 – 7:00 pm | | One is Fun 9:00 – 11:30am | Music & Movement 11:30 – 12:00pm |
| | | Artistic Infants 1:00 – 1:45 and 2:00 – 2:45pm | | Music & Movement 11:30 – 12:00pm | |
| | | Baby and Me 1:00 – 1:45 and 2:00 – 2:45pm | | | |
| | | Baby and Me Breastfeeding 1:30 – 2:30pm | | | |

Registered Programs

****To register for these programs below – please speak to one of our EarlyON staff ****

| During Your Pregnancy | Parent and Child |
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| Me Breastfeed? Workshop Wed. September 12 at 6:15 pm – 8:30 pm Register by phone 519-571-1626 | Community of Learning Wednesdays Sept. 12 – October 17 Time: 1:00 – 2:30 pm |
| Preparing for Parenthood Wednesday Evenings at 6:30 pm – 8:00 pm September 19 – October 17 Register online at www.earlyyearsinfo.ca | Families Connecting Wednesdays Time: 9:30 am – 11:00 am Sept. 5 - Sept. 26 Monthly sessions |
| Growing Healthy Together Tuesdays Sept. 11 – Oct. 30 at 1:00 pm – 2:30 pm Drop in OR Register by phone with Region of Waterloo Public Health 519-743-6333 Ext. #383 | Fit for Life Mondays Sept. 10 – Sept. 24 Time: 1:00pm – 2:30pm Monthly sessions |
| Pregnancy and Postpartum | Family Kitchen Tuesdays Sept. 11 – Sept. 25 9:30 am – 11:30 am Weekly registration |
| Stork Secrets - Peer Support program for Pregnant and Postpartum Mothers with infants under 2 years adjusting to changes and challenges of parenthood. Mondays@Our Place Sept.10–Dec.17 9:30–11:15am Thurs@EarlyON Roger Str. Sept.6–Dec.20 9:30–11:00am For info call 519-571-1626 ext. 25 or register | For Families New to Canada |
| online at www.earlyyearsinfo.ca | Transition to Kindergarten for Newcomers Thursdays Sept. 6 – Sept. 27 Time: 9:30 – 11:00 am |
| Together with Your Baby | Multicultural Parents Learning Together Tuesdays 1:00 pm – 2:30 pm September 11 – December 18 |
| Baby Connections (for infants 6 – 12 months) Thursdays 1:00 pm – 2:00 pm Sept. 13 – Oct. 4 | Parenting in a New Society Wednesdays 9:30 am – 11:15 am Sept. 12 – October 31 (OPEN HOUSE Sept 5) |
| Infant Massage (birth – 12 months) Wednesdays 10:00am–11:00am Sept.12 – Oct.10 OR Fridays 9:15 – 10:15 am Sept.14 – Oct.5 | Cooking and Conversation Thursdays Sept. 13 – Nov. 29 Time: 1:00 pm – 2:30 pm Contact Rahma @ 519-579-9622 ext. 227 or by email relmi@ckwymca.ca to register |
| Sleep and Your New Baby (birth – 12 weeks) Wednesdays 5:30 pm – 7:00 pm Sept.12 and Sept. 26 <i>OR</i> Saturday 10:00 am – 11:30 am Sept. 22 | <p><i>** For any programs with a cost – this cost is to cover program materials. Fee Assistance is available**</i></p> |
| Make the Connection Birth – 1 year (\$15 cost) Thursdays Oct. 18 – Nov. 29 Time 1:30 pm – 3:00 pm | OUR PLACE is committed to ensuring that upon request we will provide any document in an accessible format and communication supports can be provided if requested. |
| Make the Connection 1-2 years (\$15 cost) Thursdays Oct. 11 – Nov. 29 Time 9:30 am – 11:00 am | |



All of our AODA (Accessibility for Ontarians with Disabilities Act) Policies and Procedures are posted on our website and are also available in accessible formats if requested. If you would like to make a request, please contact us at ourplace@ourplacekw.ca

Offsite Programs

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| EarlyON Drop in – Stay, Play and Explore: | | |
| Centreville Chicopee C.C. | 141 Morgan Ave, Kit. | Thursdays 9:15am – 11:15am |
| Chandler Mowat C.C. | 222 Chandler Drive, Kit. | Tuesdays 9:00am – 11:00am |
| Kitchener Market | 300 King Street East, Kit. | Fridays 9:30am – 10:00am Drop in – SP&E 10:00am – 11:00am Music & Movement |
| Queen Elizabeth Public School | 191 Hoffman Street, Kit. | Tuesdays 9:00am - 11:30am |
| Victoria Hills Comm. Centre | 10 Chopin Drive, Kit. | Tuesdays 9:30am – 11:30am |
| Infant Massage at Stanley Park C. C. | 505 Franklin Street N. Kit. | Tuesdays 1:30pm – 2:30pm Sept. 11 – Oct. 2 |
| Infant Massage at Victoria Hills C.C. | 10 Chopin Drive, Kit. | Tuesdays 1:30pm – 2:30pm Sept. 11 – Oct. 2 |
| Infant Massage at Centreville Chicopee C.C. | 141 Morgan Ave, Kit. | Thursdays 1:00pm – 2:00pm Sept. 13 – Oct. 4 |
| *** Infant Massage programs are registered through the City Of Kitchener ActiveNET | | |

Connections and Referrals

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| KidsAbility Preschool Speech and Language Support | Wednesday Sept 19th Appointments Available 9:30 am – 11:30 am A Speech Language Pathologist from KidsAbility will offer Speech and Language Support for children, parents, and caregivers. | |
| Waterloo Region Family Network Resource Coach (WFRN) | Wed. September 12th – Resource Coach onsite 9:30 am – 10:30 am This service focuses on supporting all families impacted by special needs; with or without a diagnosis and regardless of age. Erin is available to connect with families to provide support for their unique needs and help with navigating community resources in order to make informed decisions. Drop in service, no appointment required. | |
| Vision Clinics with University of Waterloo – School of Optometry & Science | Thurs. September 27; Appointments Available: 9:30 am – 2:30 pm This Service will provide a partial vision exam or a full vision exam - if parents do not have an existing family optometrist. OHIP will cover both exams - please provide OHIP numbers when booking the appointment. Vision Clinics can be provided for children with no OHIP coverage i.e. refugee children or new immigrant. | |
| Zero2six Children's Mental Health Consultation | Mondays Sept 10 and 24; Appointments Available: 9:15 am – 12:15 pm Is your child age six or younger and experiencing or at risk of developing social, emotional, behavioural and/or mental health challenges? We can help. We offer a one-hour confidential consultation service for parents. The focus of the consultation can include sleep, toileting, social and emotional development, behavioural challenges and/or parenting strategies. | |

*** For Services listed above – Please call 519-571-1626 *Drop in Support also available if time permits*

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| KW Parents of Multiple Births Association (POMBA) Drop In Play | Parents of Multiple Births Association meet monthly to socialize, celebrate and strategize with other parents of multiple births. This program focuses on families with multiples up to 3 years of age. | Saturday Sept. 8 Time: 9:45 am – 11:45 am For information contact twinrospectives@gmail.com |
| Preemie Parent of Waterloo Region Drop In Play | Join parents of children born prematurely, talk openly about your questions and concerns amongst a group who understands. Bring your children along for interaction with other preemies at different stages. | Monday Sept. 10 Time: 9:45 am – 11:45 am For information email preemiepowwr@gmail.com |
| Mother Connection | This program is for mothers of children with Down Syndrome. The workshop facilitator will provide information, support, and resources to the group. | Wednesdays Sept. 12 – Dec. 19 9:30 am - 11:15 am For information contact Stacey Beattie stacey.bartley@yahoo.ca |

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| Family Outreach Program | A Family Outreach Worker can assist you in connecting with services you and your family may need. The Family Outreach Program is operated by House of Friendship. *Call Mehdiya 519-498-7492 for appointment | Program Hours Available: Mondays, Tuesdays, and Wednesdays 9-4 pm Fridays 9-3 pm |
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Other information:

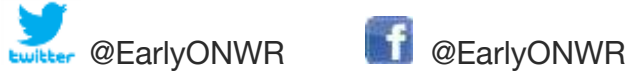
- Planned Closures** Our site will be closed: Friday Sept. 7th at noon. Will re-open on Sept. 8 at 9:30 am
- Unplanned Closures** For unscheduled closures please check our Facebook page, website, 570 news or call us at 519-571-1626 ext. star29 (*29) for times when we need to close unexpectedly.
- Health and Wellness**

Whether you are looking to stay for the day or just a couple of hours, your family is welcome to bring a meal or snack to share together.

We try to minimize illness by practicing good hygiene and disinfecting toys regularly. Children who are too ill to play, to attend childcare, or to attend school are too ill to come to the EarlyON Child and Family Centres. We follow Public Health guidelines and ask that you return to the centre after he/she is free of diarrhea and/or vomiting for 24 hours. Many babies and very young children attend the EarlyON Child and Family Centres and these children play and learn by mouthing objects. If you or your child show signs of high fever, vomiting, diarrhea or other contagious illness you will be asked to leave the centre until you are well.

We strive to be Scent-free, Nut-free And Sesame-free. Many people attending our programs have severe allergies. Help keep them safe.
- Programming Outdoors** Programming can be held out in the Outdoor Learning Area
- Footwear** For safety reasons - we recommend dry, indoor footwear.
- Stroller Parking** Stroller Parking is located by the gym. We ask that you leave your stroller there.
- Tours** Tours are available. Call the front desk for more information @ 519-571-1626.

Connect with EarlyON programs in Waterloo Region on Social Media:
 We would love to connect with you and your family on social media! If you take a picture of your family enjoying our sites, please share the picture with us on-line. Ask questions, share your experiences and receive up to date information about programs and resources for your family.



Connect with us:
Our Place Family Resource and Early Years Centre
 154 Gatewood Road, Kitchener N2M 4E4;
 ENTRANCE B (Parking lot access off Blueridge Ave. & Queen Str.)
 Telephone: (519) 571-1626
www.ourplacekw.ca and www.earlyyearsinfo.ca

