

SERVICES

PROGRAM	AGE	TIME	DATES	REGISTER/ DROP IN
<p><u>Baby & Me Breastfeeding</u> Are you looking for somewhere to hang out and meet other breastfeeding families? Are you having a baby soon and want to learn more about breastfeeding from experienced, trained peer volunteers? Come and visit the new Baby & Me Breastfeeding drop in. Breastfeeding Buddies will be available to answer breastfeeding questions, provide support and share community resources.</p>	Adult & Infant	Wednesday 1:30 - 2:30 pm	Ongoing *beginning Sept. 6	Drop In
<p><u>Breastfeeding Buddies</u> Trained volunteers who provide 1:1 on-site or telephone support for breastfeeding moms and help connect them with community supports and resources. They listen, provide encouragement, respond to questions/ concerns, share common experiences and information. <i>**Please see reception for information on how to contact the Breastfeeding Buddies**</i></p>	**Please ask the Front Reception Staff how to access this service			
<p><u>Family Outreach Program</u> Do you have children and need help finding resources for your family? A Family Outreach Worker can assist you to find ways to connect with services you and your family may need. The Family Outreach Program is operated by House of Friendship.</p>	Adult	Mondays 9:00am to 4:00 pm Tuesdays 9:00am to 4:00 pm and Fridays 9:00am to 3:00 pm	Ongoing	To book an appointment call Mehdiya 519-498-7492
<p><u>Family Resource Library</u> This welcoming environment offers space for parents and children to explore and play. A variety of books and other materials are available for use in the library or to borrow** and use at home. Connect with Early Years Staff to assist in finding information on child development, parenting, family life and community resources. Drop in anytime during regular centre hours to play in the library. <i>**A small fee may be applicable to borrow certain items</i></p>	Adult and Birth to 6 years	<u>Monday to Thursday</u> 9:00 am - 4:00 pm <u>Wednesday</u> 9:00 - 7:00 pm <u>Friday</u> 9:00 – 3:00 pm <u>Saturday</u> 9:30 am - 12:00 noon	Ongoing	Drop In
<p><u>KidsAbility Preschool Speech and Language</u> A Speech Language Pathologist from KidsAbility will offer bi-weekly Speech and Language Support for children, parents, caregivers and staff. <i>**For an individual meeting please book your appointment at the Reception Desk at Our Place or phone 519-571-1626. Drop In Support also available if time permits.</i></p>	Birth to 6 years	Wednesday 9:30-11:30 am	Sept. 13 & 27	Pre-registered and Drop-In Call us at 519-571-1626 for an appt
<p><u>Meet with a Registered Early Childhood Educator (RECE)</u> Here is an opportunity to consult one-on- one with a Registered Early Childhood Educator who can provide support around information and resources on child development and early learning topics, and connect children and parents with community resources, programs and developmental tools to further support their child's optimal learning and healthy development. <i>**For an individual meeting please book your appointment at the Reception Desk at Our Place or phone 571-1626. Drop In Support also available.</i></p>	Birth to 6 years old	Thursday 9:30 am - 12:00 pm	Ongoing *beginning Sept. 7	Pre-registered and Drop-In Call us at 519-571-1626 for an appt.
<p><u>Waterloo Region Family Network Resource Coach</u> Waterloo Region Family Network (WRFN) focuses on supporting all families impacted by special needs; with or without a diagnosis and regardless of age. Katie is available to connect with families to provide support for their unique needs and help with navigating community resources in order to make informed decisions. Drop in service, no appointment required.</p>	Birth to Adults	Tuesday 10:00 – 11:00 am	Sept. 19	Drop In

<p><u>Vision Screening</u> The University of Waterloo, School of Optometry will be performing vision screenings for children 6 months to 6 years of age. The examination will include an assessment on your child's visual acuity, eye coordination and depth perception. Questions you may have regarding you or your child's vision can be answered.</p>	<p>6 months to 6 years old</p>	<p>Dates and Times to be announced soon <i>(information not available at time of printing)</i></p>	<p>Details Pending</p>	<p>For more information please call reception at 519-571-1626</p>
<p><u>Zero2Six</u> Is your child age six or younger and experiencing or at risk of developing social, emotional, behavioural and/or mental health challenges? We can help. We offer a one-hour confidential consultation service for parents. The focus of the consultation can include sleep, toileting, social and emotional development, behavioural challenges and/or parenting strategies. Joint initiative of Carizon and Lutherwood. <i>Appointments can be made at Our Place, in person or by calling 519-571-1626</i></p>	<p>Birth to 6 years</p>	<p>Tuesday 9:15 am - 12:45 pm</p>	<p>Sept. 12 & 26</p>	<p>Pre-registered and Drop-In Call us at 519-571-1626 for an appt.</p>