



# Our Place

Family Resource and Early Years Centre



# Ontario

**A place for Parents and their children  
To learn, grow and have fun!**

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Email: [ourplace@ourplacekw.ca](mailto:ourplace@ourplacekw.ca)

[www.ourplacekw.ca](http://www.ourplacekw.ca)

October Calendar: <http://www.ourplacekw.ca/schedules/october%202013.pdf>

## NEWSLETTER

This will be a monthly email with quick information. If you wish to NOT receive this newsletter, please send an email to [wkampijan@ourplacekw.ca](mailto:wkampijan@ourplacekw.ca) to unsubscribe. And if you want more information about any topic, please contact the Centre or visit our website. Please remember to mark this email address as “not spam” to keep getting the newsletter.

OCTOBER 2013

### EVENTS

- **CHILD HEALTH FAIR**

Our Place is hosting a Child Health Fair on Friday October 4<sup>th</sup> from 9:00am to 1:00pm. For information on what a Child Health Fair is and how to register, follow the link below.

[http://www.ourplacekw.ca/program%20flyers/CHF\\_Flyer\\_Our\\_Place\\_OEYC\\_October\\_2013.pdf](http://www.ourplacekw.ca/program%20flyers/CHF_Flyer_Our_Place_OEYC_October_2013.pdf)

*Friday, October 4<sup>th</sup>*

*From 9am-1pm.*

*Location: Our Place **(all regular programs are cancelled on this day)***

*Phone 519-571-1626 after 1:30 pm daily to register*

- **CHRISTMAS BAZAAR**

*Saturday, November 9<sup>th</sup>*

*From 8am to 1pm*

*Location: Our Place Gym*

*We are looking for volunteers to assist with the planning for this fun annual event. Help is needed for the following activities: planning, baking, donating items needed for our penny*

*carnival and volunteering on the day of the event. Students who need to complete their community hours are welcome to help! If you are interested in helping – please contact Julie at [juliestamps@rogers.com.com](mailto:juliestamps@rogers.com.com)*

This is our most important fundraising event of the year! We will need people to volunteer their time for this event as well as **BAKERS**. The more baked goods, the better.

We will also be renting tables for vendors if anybody is interested. The table will be \$20 and we will have no more than 6 tables available for rent on the day of the bazaar. For more information phone Angie at 519-571-1626 ext. 33

## INFO

- Remember to bring indoor shoes for kids and adults! You and your children must have dry footwear at all times. Coats and wet footwear should be left on the racks provided. For safety reasons – we cannot allow wet shoes/boots into the gym or classrooms.
- Please leave your strollers on the mats in the stroller parking area whenever you visit Our Place. This keeps our hallways free and clear and also keeps the wet puddles in one end of the building near the entrance. Thanks for everyone’s cooperation to keep our hallways safe.
- During the winter months, for any unexpected closures and cancellations due to weather, please call us at [519-571-1626 ext. 29](tel:519-571-1626). A message will be recorded that lists any of the cancellations.
- Registration ballots for Creative Cooking must be completed by October 5<sup>th</sup> - if you want a chance to join that program. The draw will be held on Oct. 7<sup>th</sup> – don’t miss out! Online ballots are available by going to our website [www.ourplacekw.ca](http://www.ourplacekw.ca)
- Registration for October programs begins on Monday September 23<sup>rd</sup> – registration can be done by phone\* or in person **after 1:30 p.m. daily**. For any **PAID** Programs (MTC, MTC 1-2) registration begins at **10:30 a.m. on Sept. 23<sup>rd</sup>**  
*\*If the phone line is busy, please leave us a voice message with the program you are interested in registering for. Reception will return calls confirming registration.\**  
*\*\*\*Payment for programs must be made at time of registration, if you require financial assistance please call 519-571-1626 ext. 25 before registration starts\*\*\**
- Outdoor Clothing Exchange: There is a variety of seasonal outdoor clothing for children and adults available throughout the year at the “Our Place Closet”. All are welcome to take any items that they are in need of. In order for this exchange to continue, we ask that everyone please give any items that they no longer need for someone else to use. Donations accepted: Winter coats & boots, hats, mitts, and snowpants. The Closet is located at the far end of the centre near the couches & table.

- If you or your children are ill, we ask you do not attend programs. If you are registered in a program, we ask you call the centre and let us know you will not be attending that day.
- Programming can be held out in the Outdoor Learning Area at any point during the School Readiness programs. We ask that you dress your child for the weather outside
- The Centre will be closed for The Thanksgiving weekend on Saturday October 12<sup>th</sup> and Monday October 14<sup>th</sup>. We will re-open on Tuesday morning at 9:00 a.m. for our regularly scheduled programs.
- Parent Council: We are starting a new year with the Our Place Parent's Council and we are interested in adding new members! If you are interested in joining the group OR you just want to check out a meeting – email us at [parentcouncil@ourplacekw.ca](mailto:parentcouncil@ourplacekw.ca) The October meeting date is: Monday October 28<sup>th</sup> @ 9:15 a.m. To register please send an email one week before the meeting with your name and children's information as school readiness programs are available for those joining. New members are always welcome to join to find out more about the centre and Parent Council activities – it is a great way to give back to the Our Place community!
- We do have coffee, tea and other hot beverages available for purchase in our kitchen. It is a Keurig vending machine and k-cups can be purchased for \$1.00. Cream, milk & sugar are available at no charge and you can find these items in the fridge or near coffee machine. All k-cups used in the machine must be purchased through the Our Place vending machine – so we appreciate your support by **not bringing** your own k-cup when at the centre.
- Like us on **Facebook & Twitter!** Our Place now has a Facebook page & Twitter account that will provide up to date information about current programs and events. [www.facebook.com/Ourplacekw](http://www.facebook.com/Ourplacekw) or on Twitter [ourplace@ourplacekw](https://twitter.com/ourplace@ourplacekw)
- **OneList Waterloo Region:** Finding Early Learning and Child Care just got easier. The Region of Waterloo is pleased to offer *OneList*, an online centralized registry and waitlist that simplifies the process of applying for early learning and child care(ELCC). Get on *OneList* today! [www.OneListWaterlooRegion.ca](http://www.OneListWaterlooRegion.ca)
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## NEW PROGRAMS

- **Autism Services Waterloo Region:** The focus of this service is to strengthen community cohesion with a vision for all families who have a child with Autism Spectrum Disorder access support and direction required for their unique situation. Support is provided to all families, with or without a diagnosis and regardless of age, to discuss what resources are available to them in order to make informed decisions. **Friday October 11<sup>th</sup>**  
***Just enquire at the front desk upon arrival.***

- **Vision Screening:** The University of Waterloo, School of Optometry will be performing vision screenings for children 6 months to 6 years of age. The examination will include an assessment on your child's visual acuity, eye coordination and depth perception. Questions you may have regarding you or your child's vision can be answered. Book your child's appointment by phone us at 519-571-1626.  
**Tuesday October 22<sup>nd</sup>**  
**From 9:00 am -12:00 pm.**
  
- **Baby Basics:** Come out and meet other new parents and learn about your baby with a Public Health Nurse and Registered Early Childhood Educator. Topics Include crying, feeding, early literacy, brain development, taking care of you and playing with your baby.  
**Dates: Tuesdays October 29<sup>th</sup> – Dec. 3<sup>rd</sup>**  
**Time: 1:00-2:00 p.m.**  
*Registration begins Sept. 23<sup>rd</sup> after 1:30 p.m. by phone or in person*
  
- **Community Café:** Engage in conversation in this program facilitated by Angie King, PHW at Our Place. Angie will start the group conversation with a topic of interest with the group guiding the discussion. Guest speakers will be invited for specific areas of interest.  
**Dates: Mondays**  
**Time: 1:00-2:30 p.m.**  
*Drop in program – check in at the front desk beginning at 12:30; first come – first serve for space in the programs*
  
- **United in Parenting:** This workshop will focus on a united parenting approach. Topics may include: from couples to parents, effective communication, conflict resolution strategies, raising children with values, and fostering self-esteem in your child.  
**Dates: Wednesdays October 16<sup>th</sup> – November 13<sup>th</sup>**  
**Time: 6:15-8:00 p.m. (children's program available during this time for registered participants)**  
*Registration begins Sept. 23<sup>th</sup> after 1:30 p.m. by phone or in person*
  
- **Baby and Me Discovery:** Early Brain development is heightened by interactions that include all five senses. This NEW program will focus on activities that foster attachment and learning through the use of music and other sight, sound, smell, touch and taste sensory experiences. Families are also able to seek parenting information, resources, referrals and support through their peers and our qualified staff.  
**Dates: Mondays**  
**Times: 1:00 – 1:45 p.m. OR 2:00 – 2:45 p.m.**  
*This is a drop-in program but space is limited to 15 babies and their parent/caregiver*
  
- **Music and Movement @ Old Navy – Sunrise Plaza:** Move and groove with us at Old Navy! A great way for children and parents/caregivers to let off a little steam while moving, singing and exercising together.  
**Dates: Friday mornings**  
**Time: 10:30 – 11:15 a.m.**

- PLEASE bring in a box of kleenex with your children. We are in desperate need of kleenex donations as well the usual donations of salt, sugar, flour and unscented baby wipes.
- It's starting to feel chilly outside and soon the leaves will be falling ... and then comes the snow! When the snow comes – the requests for winter clothing come too! Our Place has an outdoor clothing exchange that can be found at the far end of the hallway ... We have a selection of winter gear; from infant aged to adults. If you are a member of your family is in need of some winter clothing - you are welcome to take what you need from the closets.
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- To help keep our community warm... we need winter clothing donations for children and adults (coats, shoes, boots, hats, mittens, snowpants etc.) If you have any outdoor clothing items that are in good conditions and you no longer need – please consider donating it to Our Place! You can deliver your items to the front desk and label your bag/box “Outreach Program”
- Just a reminder that we are always accepting donations of the following items: diapers, bottles, formula, baby food, clothing (infant – adult), housewares, toys, and baby equipment. Items should be in good, clean condition and labeled “Outreach Program”
- Snack Basket: If you would like to donate any baked goods/or other snack items to our Snack Basket please Angie at 519-571-1626 ext. 33 or by email at [aking@ourplacekw.ca](mailto:aking@ourplacekw.ca). All donations should be peanut free – if you can list the ingredients on each package that is helpful too.

## THANK YOU'S

- A big Thank You to everyone who has donated to the Outreach Program. It is donations like yours that help make our program possible. Your donations make it directly into the hands of those who need them.

## FEEDBACK

- We always welcome feedback from participants on programs, needs or any aspect of your experience at Our Place. Please feel free to share feedback with any staff member or email to [dsnyder@ourplacekw.ca](mailto:dsnyder@ourplacekw.ca) Remember Our Place is your place!

## SAVE THE DATE

**November Christmas Bazaar Date: Saturday November 9<sup>th</sup>**